



**Ebook Directory**  
the best source of ebook

The book was found

# Fleshing The Spirit: Spirituality And Activism In Chicana, Latina, And Indigenous Women's Lives



## Synopsis

Fleshing the Spirit brings together established and new writers exploring the relationships between the physical body, the spirit and spirituality, and social justice activism. Examining the complex and dynamic connections among these concepts, the writers emphasize the value of "flesh and blood experience" as a site of knowledge. They argue that spirituality "something quite different from institutional religious practice" can heal the mind/body split and set the stage for social change. Spirituality, they argue, is a necessary component of an alternative political agenda focused on equitable social and ecological change. The anthology incorporates different genres of writing "such as poetry, testimonials, critical essays, and historical analysis" and stimulates the reader to engage spirituality in a critical, personal, and creative way. This interdisciplinary work is the first that attempts to theorize the radical interconnection between women of color, spirituality, and social activism. Before transformative political work can be done, the authors say in multiple ways, we must recognize that our spiritual need is a desire to more fully understand our relations with others. Conflict experienced on many levels sometimes severs those relations, separating us from others along racial, class, gender, sexual, national, or other socially constructed lines. Fleshing the Spirit offers a spiritual journey of healing, health, and human revolution. The book's open invitation to engage in critical dialogue and social activism "with the spirit and spirituality at the forefront" illuminates the way to social change and the ability to live in harmony with life's universal energies. Contributors Volume Editors Elisa Facio Irene Lara Chapter Authors Angelita Borbón Norma E. Cantón Berenice Dimas C. Alejandra Elenes Alicia Enciso Litschi Oliva M. Espín María Figueroa Patrisia Gonzales Inés Hernández- Avila Rosa María Hernández Juárez Cinthya Martinez Lara Medina Felicia Montes Sarahi Núñez- Mejia Laura E. Pérez Brenda Sendejo Inés Talamantez Michelle Téllez Beatriz Villegas

## Book Information

Paperback: 296 pages

Publisher: University of Arizona Press; 2nd Edition edition (April 10, 2014)

Language: English

ISBN-10: 0816530971

ISBN-13: 978-0816530977

Product Dimensions: 6 x 0.9 x 9 inches

Shipping Weight: 14.4 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 3 customer reviews

Best Sellers Rank: #163,032 in Books (See Top 100 in Books) #152 in Books > Politics & Social Sciences > Social Sciences > Specific Demographics > Hispanic American Studies #416 in Books > Politics & Social Sciences > Women's Studies > Feminist Theory #22883 in Books > Christian Books & Bibles

## Customer Reviews

"A comprehensive collection of feminist spirituality will be incomplete without this volume."âPublishers Weekly âThis is the first book that attempts to theorize the connection between the brown female body, spirituality, and social activism, or to argue that spirituality is a necessary component of an alternative political agenda.ââEdÃ©n E. Torres, author of *Chicana Without Apology: The New Chicana Cultural Studies* âCollectively these scholars provide us with a way to engage the idea of spirituality critically, personally, and creatively.ââDolores Delgado Bernal, co-author of *Chicana/Latina Education in Everyday Life: Feminista Perspectives on Pedagogy and Epistemology*âThis is one of the best books Iâve read all year.ââAnaLouise Keating, author of *Transformation Now!: Toward a Post-Operational Politics of Change*

Elisa Facio is an associate professor in the Department of Ethnic Studies at the University of ColoradoâBoulder. She is the author of *Understanding Older Chicanas: Sociological and Policy Perspectives* and co-editor of *Enduring Legacies: Ethnic Histories and Cultures of Colorado*. Irene Lara is an associate professor in the Department of Womenâs Studies at San Diego State University. Her work has been published in numerous academic journals, and she is the author of several book chapters, including âHealing SueÃ±os for Academiaâ in *This Bridge We Call Home: Radical Visions for Transformation*.

Thanks for helping me finish school!

for school

An excellent collection that links spirituality with activism.

[Download to continue reading...](#)

Fleshing the Spirit: Spirituality and Activism in Chicana, Latina, and Indigenous Women's Lives  
Chicana Power!: Contested Histories of Feminism in the Chicano Movement (Chicana Matters)  
Chicana/Latina Education in Everyday Life: Feminista Perspectives on Pedagogy And

Epistemology Exercitia Latina I: Exercises for Familia Romana (Lingua Latina) (Pt. 1, No. 1) Hasidic Spirituality for a New Era: The Religious Writings of Hillel Zeitlin (Classics of Western Spirituality) (Classics of Western Spirituality (Paperback)) Queer Indigenous Studies: Critical Interventions in Theory, Politics, and Literature (First Peoples: New Directions in Indigenous Studies) Mobilizing Bolivia's Displaced: Indigenous Politics and the Struggle over Land (First Peoples: New Directions in Indigenous Studies (University of North Carolina Press Paperback)) The White Possessive: Property, Power, and Indigenous Sovereignty (Indigenous Americas) Indigenous Nations' Rights in the Balance: An Analysis of the Declaration on the Rights of Indigenous Peoples The Transit of Empire: Indigenous Critiques of Colonialism (First Peoples: New Directions Indigenous) Beauty Shop Politics: African American Women's Activism in the Beauty Industry (Women in American History) The Book of Latina Women: 150 Vidas of Passion, Strength, and Success Deliverance From Python Spirit: Powerful Prayers to Defeat the Python Spirit â " Spirit of Lies, Deceptions and Oppression. (Deliverance Series Book 3) Remnants: A Memoir of Spirit, Activism, and Mothering Cherokee Medicine, Colonial Germs: An Indigenous Nation's Fight against Smallpox, 1518&#150;1824 (New Directions in Native American Studies series) Playing With Fire: Feminist Thought And Activism Through Seven Lives In India Moving the Mountain: Women Working for Social Change (Women's Lives, Women's Work) Mother Earth Spirituality: Native American Paths to Healing Ourselves and Our World (Religion and Spirituality) Buddhist Quotes: Meditation, Happiness, Inner Peace.: Spirituality and Buddhism: Bouddha, Zen, Thich Nhat Hanh, DalaÃ -Lamaâ | (Buddhism, Bouddha, Buddhist ... & Spirituality, DalaÃ Lama, Zen. Book 1) Jeremy Taylor Selected Works (Classics of Western Spirituality) (Classics of Western Spirituality (Paperback))

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)